

## NON-ACCREDITED MANUAL HANDLING AWARENESS

### COURSE OBJECTIVE

Statistically, manual handling injuries account for around 40% of all workplace accidents. This course is designed to provide participants with the appropriate knowledge to identify, assess and control manual handling risks in their workplace.

### COURSE CONTENT

*The aim of this training is to provide the participants with the knowledge and skills necessary to;*

- Identify potentially hazardous manual handling tasks which are performed in the workplace
- Assess the risks associated with these identified tasks
- Make recommendations to reduce the risk of injuries resulting from manual handling activities

### COURSE DELIVERY

- Classroom based training
- Blended delivery of theory and practical components
- Instructional, trainer led demonstrations
- Hands-on student practice

### PARTICIPANTS MUST

- Wear fully enclosed, non-slip safety footwear (excludes sports shoes), shirt and long pants/ trousers.
- Photo Identification is a mandatory requirement (Australian Driver's License, Passport or Proof of age card). ID must contain photo, signature and date of birth.

### COURSE DETAILS

**Duration:** 4 hour course  
**Time:** Morning and afternoon sessions  
**Location:** 2a Hedley Street, Mt Gambier SA

### PRE-REQUISITES

- Basic literacy and numeracy skills

### DELIVERY

- This course is delivered face to face
- Classroom participation
- Practical activities

### COST

\$140 per participant

*Includes training materials and delivery*

### COURSE OUTCOME

- Certificate of attendance



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