



HEALTH & SAFETY REPRESENTATIVE (LEVEL 1)

Approved by SafeWork SA

This Level 1 course is an introductory course for those elected Health and Safety Representatives (HSR's) and Deputy Health and Safety Representatives (DHSR's) who have not received prior training. The aim of the course is to develop HSR's skills so they can effectively represent their workgroup, exercise their powers and functions, and identify and resolve workplace health and safety issues. It will provide HSR and DHSR with an understanding of their legal obligations and the concepts of the legislation.

Course Content

- Introduction to Work Health and Safety
- Work Health and Safety Act, Regulations and Codes of Practice
- Roles, duties and responsibilities of a HSR or DHSR
- Using the Work Health and Safety Regulations
- Risk and Hazard management
- Incident Investigation
- Work Health and Safety issues consultation and conflict resolutions
- Work Health and Safety Committees
- Function of SafeWork SA
- Provisional Improvement notices (PINs)

On Completion

 Upon successful completion of the course, each participant will receive a Certificate of Attendance

Course Details	
Nationally Accredited	No
Duration	5 days
Time	9.00am - 4.30pm
Location	1a Hedley Street,
Location	Mt Gambier SA
	Face to face
Delivery	classroom
,,	Written/verbal
	activities
Fee includes	Training materials
Cost	Check website for price
CITB Discount	Yes
USI Required	No
Learners	■ Have Photo ID
Requirements	- Have I Hoto ID
(i.e., Australian Drivers Licence, Passport or	
Proof of Age Card). Mandatory for certification	
courses. ID must contain photo, signature and	
date of birth.	
	Elected Health and Safety
	Representatives (HSR) and Elected Deputy Health and
Course	Safety Representatives
Outcome	(Deputy HSR) under the WHS
	Act 2012 who have
	requested approved training
	Basic literacy &
Prerequisites	numeracy skills
	Basic computer skills



advantage

Certificate of Attendance

Course

Outcome

Document Name: 784 - HSR Level 1 (Flyer)

Review Date: 27-08-2026

Document Location: NovaCore CMS\DMS\Training Resources\HSR Training\HSR Level 1\\

Revision: 3.3 Revision Date: 27-08-2025

Doc Number: 784

About Us

Gramac Solutions & Gramac Training Solutions (RTO#70249) has been a locally owned and operated regional business providing recruitment, labour hire, training, consultancy services and room and office hire within the Limestone Coast region for over 22 years.

Gramac Training Solutions is committed to providing supportive, flexible learning and assessment options, allowing learner alternatives which recognise the diversity of their individual needs and circumstances aiding them in their learning goals. Learner support is provided for the duration of the program, and opportunities and limitations will be discussed during enrolment.

Gramac Training Solutions will issue a Statement of Attainment within 21 calendar days of the training program being completed successfully, providing all agreed fees have been paid.

Learners Rights

Learners who enrol in courses delivered by Gramac Training Solutions have the right to:

- A safe, clean learning environment where they are treated fairly and respectfully
- Be free from all forms of intimidation or discrimination; regardless of religious, cultural, racial and sexual difference, age, disability or socioeconomic status
- Learn in an environment that is supportive with any disputes or concerns treated seriously and settled in a fair and professional manner
- Be trained and assessed by competent and knowledgeable trainers and assessors
- Access Recognition of prior learning (RPL)
- Privacy concerning records containing personal information, (subject to other statutory requirements and other agreed uses)
- Be given information about assessment procedures at the beginning of the unit and progressive results as they occur
- Lodge an appeal against an assessment decision if they feel they were treated unfairly during assessment or where they feel the assessment decision is incorrect and they have grounds for appeal
- Have the opportunity to share ideas and ask questions.

Did you know?

HSR's and DHSR's are elected for a three-year term and have to attend refresher training for their entire term. In their second year they should undertake a three-day course and in their third year a two-day course.

Learners Obligations

Learners agree at all times during their enrolment period to:

- Fully participate and complete all learning and assessment activities as required, to the best of their ability
- Advise Gramac Training Solutions of absenteeism prior to the start of the training
- Provide medical certificates or evidence of extenuating circumstances in support of absenteeism
- Inform Gramac Training Solutions of any concerns or need for support related to the successful completion of the course
- Treat all staff and fellow learners with respect and do not discriminate, harass, abuse, or use threatening behaviours of any kind whether physical or verbal
- Follow required dress code including personal protective equipment and a good standard of personal hygiene
- Inform Gramac Training Solutions if personal details change
- Not to smoke in non-smoking areas
- Not to attend training or assessment sessions under the influence of alcohol or illicit drugs
- Turn off all mobile devices whilst participating in training and assessment activities
- Always follow normal and reasonable safety practices

Enrolling with Gramac Training Solutions is acknowledgement of the services available, the learner expectations, and the learner rights and obligations which are all understood and agreed to. All enrolled learners are bound by Gramac Training Solutions policies and breaches may result in suspension and/or removal from the training program.

Address: 1A Hedley Street Mount Gambier SA 5290 Telephone: (08) 8724 8577

Email: info@gramac.com.au

Scan the QR Code for our Policies and Terms & Conditions

Document Name:784 - HSR Level 1 (Flyer)Revision:3.3Review Date:27-08-2026Revision Date:27-08-2025Document Location:NovaCore CMS\DMS\Training Resources\HSR Training\HSR Level 1\\Doc Number:784